



strengthening
our home
and family

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Family Home Evening Materials

Theme: Patience

Packet #090409

5 tips for successful Family Home Evenings

- 1. Pray.** Pray about the needs of your family as you consider topics for home evenings, and pray as you prepare.
- 2. Prioritize.** Make Family Home Evening a priority; learn to say no to other activities.
- 3. Involvement.** Involve everyone in the family; help little children take part.
- 4. Commitment.** Be committed and be consistent. Set a designated time and stick to it. Holding Family Home Evening on a weekly basis takes dedication and planning on the part of all family members.
- 5. Relax** and enjoy it. The most important thing your children will remember is the spirit they feel in your family home evenings and activities. Be sure the atmosphere is one of love, understanding, and enjoyment.

Patience

Conference Talk:

For more information on this topic read “The Way of the Disciple,” by Dieter F. Uchtdorf, *Ensign*, May 2009, 75.

Thought:

Brothers and Sisters, we have to stay with it. We don't acquire eternal life in a sprint—this is a race of endurance. We have to apply and reapply the divine gospel principles. Day after day we need to make them part of our normal life.

(Dieter F. Uchtdorf, “The Way of the Disciple,” *Ensign*, May 2009, 75.)

Song:

“I Want to Live the Gospel,” *Children's Songbook*, p.148.

Scripture:

Then, my brethren, ye shall reap the rewards of your faith, and your diligence, and patience, and long-suffering, waiting for the tree to bring forth fruit unto you.

(Alma 32:43)

Lesson:

Ask your family members if they have ever heard the phrases “hold your horses” or “keep your shirt on.” Ask, What quality is being requested by those phrases? (Patience.)

Read this insight from Elder Joseph B. Wirthlin: “I believe that a lack of patience is a major cause of the difficulties and unhappiness in the world today. Too often, we are impatient with ourselves, with our family members and friends, and even with the Lord. We seem to demand what we want right now, regardless of whether we have earned it, whether it would be good for us, or whether it is right. Some seek immediate gratification or numbing of every impulse by turning to alcohol and drugs, while others seek instant material wealth by questionable investments or by dishonesty, with little or no regard for the consequences. Perhaps the practice of patience is more difficult, yet more necessary, now than at any previous time.” (*Ensign*, May 1987, 30.)

Ask, Why do you think Elder Wirthlin would say that having “patience is more difficult, yet more necessary, now than at any previous time”?

Have family members read Romans 5:1–5 and look for what Paul taught about patience. Ask:

- How can we have “peace with God”?
- What did Paul say helps us learn patience?
- Whom should we learn to rely on when faced with tribulation?
- What blessing comes to us through the Holy Ghost?

Testify to your family that patience is one way we come to be more Christlike. Remind your family that patience gives us the hope that Christ's Atonement will save us.

(Dennis H. Leavitt and Richard O. Christensen, *Scripture Study for Latter-day Saint Families: The New Testament*, [Salt Lake City: Deseret Book, 2006], p. 183–184.)

Story:

I learned a lesson in patience once on a trip to Uiha [while on my mission in Tonga]. We had left Pangai about noon with very favorable winds and made it to Uiha in just a few hours. We spent the afternoon and evening working with the missionaries and had some preaching

engagements that evening, so we stayed overnight on Uiha.

Early the next morning, I was anxious to get back to Pangai for some important school meetings. We left Uiha just as the sun was rising, and I felt sure we would be back to Pangai by early afternoon. I had been up late and was tired, so after helping get us started, I lay down in the boat and went to sleep.

I slept soundly. A few hours later when I awoke, I could see an island not too far away. I assumed it was our home island and felt we had made good time, as the sun was still high in the sky. I told the others how happy I was to be so close to Pangai. The captain looked at me and said, "That's not Lifuka [the island Pangai is on], but Uiha [the island we had just left]."

I was very surprised, even upset, and said, "How come? We've been going for several hours. What have you been doing? We must be closer to Pangai than that!"

The captain just replied that that is the way things are. I then showed my palangi background by saying that we needed to do something because I had to be in Pangai soon to attend an important meeting.

When I had finished, the captain looked at me and patiently said, "The winds have been against us. Who are you going to blame for that? Are you going to curse God? Or tell Him He doesn't know what He's doing? He controls the winds and the currents, and we are in His hands. You had better calm down and learn to live within the framework He has set, and not try to force your schedule on Him."

Rather than causing me to become angry, his quiet, correct reasoning had a profound effect on me. I spent the rest of the day thinking about the implications of the truths he had spoken.

(John H. Groberg, *In the Eye of the Storm*, [Salt Lake City: Deseret Book, 1993].)

Activity:

Give everyone a pencil and a piece of paper.

Keep the family as quiet as possible and have them record on their paper all the sound they hear in the next five minutes. This game works especially well outside.

After five minutes are up, the person with the most things on his list is the winner. Let each person read his list.

(George and Jeane Chipman, *Games! Games! Games!* [Salt Lake City: Shadow Mountain, 1983], p. 26.)

Refreshment

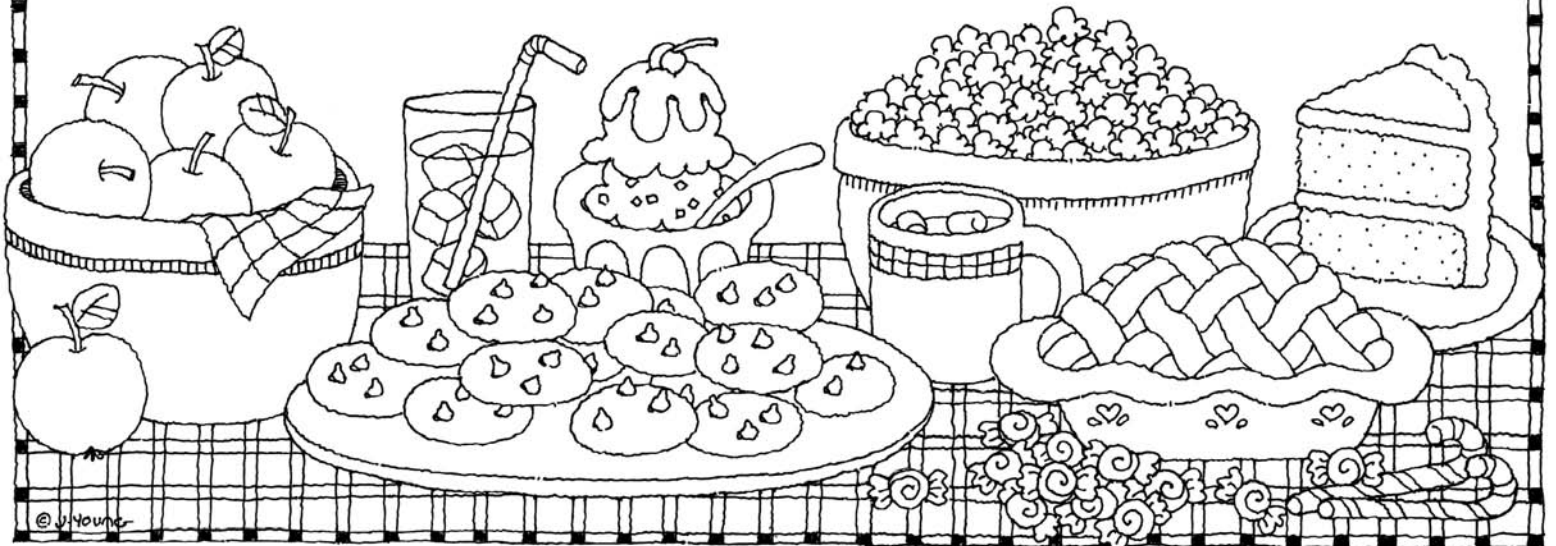
Honey-Buttered Popcorn

(Joe J. Christensen)

12 qts. popped corn
3/4 c. honey
1 tsp. salt
1/2 c. butter

Put honey in a saucepan over high heat. Add salt and a stick of butter. Bring the whole batch to a lively boil, stirring constantly, until it becomes a bubbly, frothy, yellowish color. The cooking process takes about 5 minutes. Pour the mixture around on top of the popcorn and, with a long-handled wooden spoon, mix or fold it into the popcorn to assure an even distribution of the topping. That's it—the concoction is ready for immediate consumption. We pass around bowls and napkins and each family member returns to the source for refills until it is gone. If any is left over, it is put in plastic bags and given to the families for a treat to take home. You may want to vary the amount of honey, butter, or salt used, but it is hard to have a failure. Give it a try.

(Elaine Cannon, compiler, *Five-Star Recipes from Well-Known Latter-day Saints*, [Salt Lake City: Deseret Book, 2002], p. 259.)



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