



strengthening
our home
and family

Deseret Book®
Family Home Evening Materials

Theme: Courage

Packet #110109

5 tips for successful Family Home Evenings

- 1. Pray.** Pray about the needs of your family as you consider topics for home evenings, and pray as you prepare.
- 2. Prioritize.** Make Family Home Evening a priority; learn to say no to other activities.
- 3. Involvement.** Involve everyone in the family; help little children take part.
- 4. Commitment.** Be committed and be consistent. Set a designated time and stick to it. Holding Family Home Evening on a weekly basis takes dedication and planning on the part of all family members.
- 5. Relax and enjoy it.** The most important thing your children will remember is the spirit they feel in your family home evenings and activities. Be sure the atmosphere is one of love, understanding, and enjoyment.



Courage

Conference Talk:

For more information on this topic read “May You Have Courage,” by Thomas S. Monson, *Ensign*, May 2009, 123–27.

Thought:

My earnest prayer is that you will have the courage required to refrain from judging others, the courage to be chaste and virtuous, and the courage to stand firm for truth and righteousness.

(Thomas S. Monson, “May You Have Courage,” *Ensign*, May 2009, 123–27)

Song:

“Dare to Do Right,” *Children’s Songbook*, p. 158

Scripture:

For I am not ashamed of the gospel of Christ: for it is the power of God unto salvation to every one that believeth; to the Jew first, and also to the Greek.

(Romans 1:16)

Lesson:

Play a quick game of “Who am I?” Give the following information and invite your family to guess who it is.

When I was hungry, Satan tempted me to turn a stone into bread.

Satan took me to a high pinnacle of the temple and tempted me to throw myself off and have the angels catch me.

Satan tempted me to worship him by offering me all the kingdoms and power of the world.

Who am I? (Jesus Christ.) Display a picture of Christ. Explain that Satan tried to tempt him many different ways, but Jesus always resisted his temptations, and did the right things. Bear your testimony of Christ’s great power. Help your family understand that they also can have courage to do what is right.

(Beth Lefgren and Jennifer Jackson, *Sharing Time, Family Time, Anytime*, [Salt Lake City: Bookcraft, 1992], p. 70.)

Story:

by Nathan Eldon Tanner

Two years after this Church was organized, two missionaries of the Church were out in a rural area where there was a man by the name of John Tanner. That man heard that some missionaries from a new church were going to have a meeting in the schoolhouse. Though he was a cripple, and had been for months, and the doctors couldn’t find a cure for his ailment—he was in a wheelchair—he insisted that his boys take him to hear those missionaries speak so that he could put them right—keep them in their place and see that no false doctrine was taught.

He sat right down in front of the speaker, and he heard the one missionary tell about the restoration of the gospel and the apostasy; and the other told about the Book of Mormon, that the priesthood was restored, and so on. John sat there and listened to them, and he never checked them on anything, he didn’t heckle them, he didn’t try to put them right.

When the meeting was over he said to his son, “I want to meet those missionaries.” His son went up and got the missionaries and brought them down and introduced them to him. John

said, "Would you men like to come and stay with me tonight in my home?" There he discussed the gospel with them for hours, on into the early hours of the morning. He finally said, "If I weren't a cripple, I think I would like to apply for baptism." See the change in that man that took place in less than twenty-four hours when the gospel was preached to him!

One of the missionaries said, "Do you think the Lord could heal you?"

He thought about it and said, "I think he could if he wanted to."

Then they told him that the Lord has said, "Is any sick among you? let him call for the elders of the church; and let them pray over him. . . ." (James 5:14.) They said, "We said, "We are elders and we hold the priesthood of God, which is the power of God delegated to man to act in his name. Would you like us to administer to you?"

He said, "Yes."

They administered to him, and that very day he left his wheel chair and got up and walked three-quarters of a mile to be baptized, and never went back to his wheel chair. He had real courage, and I am so thrilled to think that that great-great-grandfather of mine had the courage to join the Church and to realize that the thing that meant most in his life was the gospel plan of life and salvation. Because he lived up to the teachings of the gospel, and his son, and his son, and his son (who was my father) did the same thing, I am here today. The most important thing in the lives of any one of those men was the gospel of Jesus Christ and living its teachings.

(Leon R. Hartshorn, *Outstanding Stories by General Authorities, vol. 1*, [Salt Lake City: Deseret Book, 1970].)

Activity:

Make three wordstrips: JESUS CHRIST, SATAN, YOU. Cut out nine rectangles of construction paper to represent bricks. Label each one with a temptation that members of your family may have to deal with.

Place the wordstrips on the wall with YOU in the center, and JESUS CHRIST, and SATAN on opposite sides (with space between).

Give the paper bricks to each member of the family and give them a couple of minutes to think of a way to role play the best way to resist those temptations.

After each person successfully shows how to resist their temptation take the paper brick and place it between the wordstrips YOU and SATAN. Continue to put bricks on the wall to fashion a wall. Explain that as they have the courage to resist temptation they become stronger and begin to build a wall between Satan and themselves. Contrast this by pointing out that if they follow Satan's temptations they become weaker, and Satan uses the bricks to build a wall between them and Jesus Christ.

(Beth Lefgren and Jennifer Jackson, *Sharing Time, Family Time, Anytime*, [Salt Lake City: Bookcraft, 1992], p. 71.)

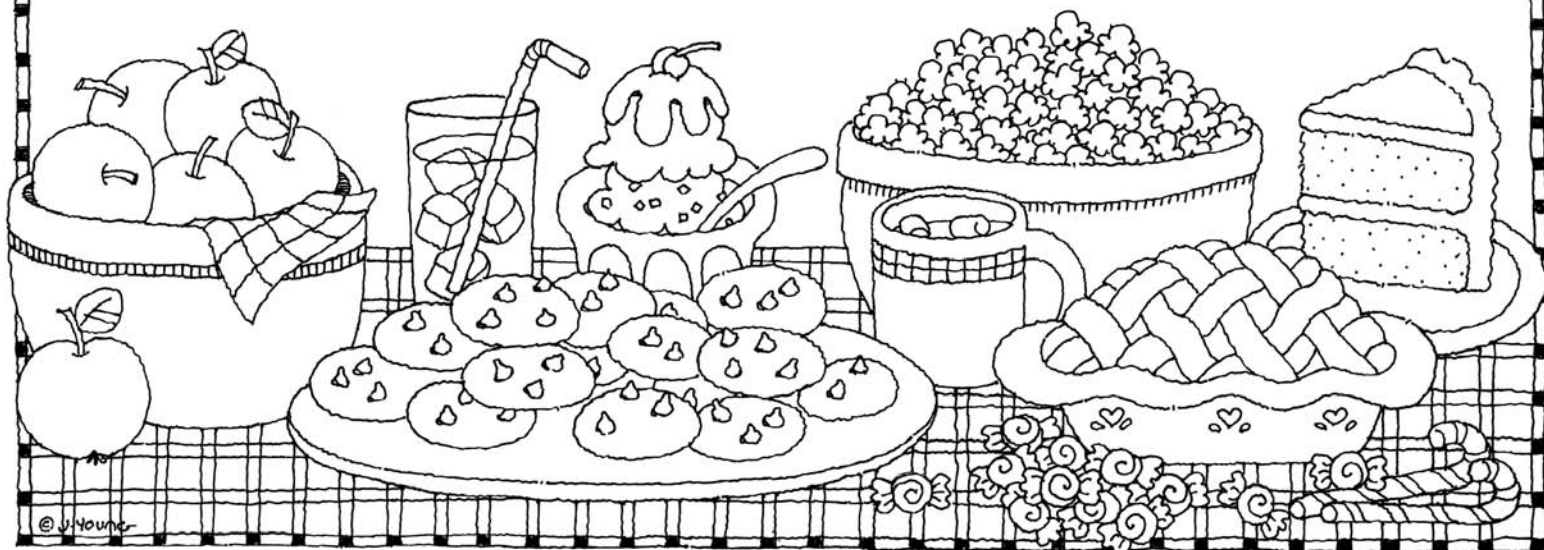
Refreshment

Thumbprints

8 ounces	cream cheese, softened
3/4 cup	butter
1 cup	powdered sugar
2 1/4 cups	flour
1/2 tsp.	baking soda
1 cup	pecans, finely chopped
1 tsp.	vanilla
	jam of your choice

Beat cream cheese, butter, and powdered sugar in large mixing bowl at medium speed. Add flour and baking soda and mix well. Add chopped nuts and vanilla and chill for 30 minutes. Heat oven to 350 degrees. Shape dough into 1-inch balls. Place on ungreased cookie sheet. Indent centers and fill each with 1 teaspoon of your favorite jam. Bake for 14–16 minutes or until edges begin to brown. Cool on wire rack. Use a variety of jams—the cookies will look beautiful on a serving plate.

(Holle Eckman and Heather Higgins, *All That Jam*, [Salt Lake City: Shadow Mountain, 2003] p. 73.)



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